

**ADVISORY BOARD OF HEALTH
WEDNESDAY, FEBRUARY 28, 2018
5:00PM AT TOWN OFFICE BLDG., CONF. RM. 1
240 SPRINGFIELD STREET, WILBRAHAM, MA
MINUTES**

Present: Chairman Francis Barbaro (presiding); and Members: Teri Brand, R.N.; Lorelee Nelson, R.N., Catherine Jurgens, R. N., Dr. Thomas Magill, Dr. Thomas Gould, Lorri McCool, Health Inspector, Jill Conselino, Public Health Nurse, Sgt. Edward Lennon, WPD, and Candace Ouillette Gaumont, Administrative Assistant to the TA/BOS.

Absent: Members Tim O'Neil.

Upon confirming a quorum, Chairman Barbaro called the meeting to order at 5:00pm. Chairman Barbaro asked all to introduce themselves. Chairman Barbaro asked Jill Conselino, Public Health Nurse, to introduce herself.

I. Welcome New Public Health Nurse

Ms. Conselino introduced herself. She is the new Wilbraham Public Health Nurse. She offered a personal and professional overview of herself. Ms. Conselino informed that she will be in the Office in Town Hall on Tuesdays and Wednesdays afternoons. Currently her focus is to get familiar with the State's MAVEN system as well as looking into setting up a sharp disposal site in Wilbraham.

I. Approval of Minutes from 7/14/16

Chairman Barbaro asked if everyone was all set with the minutes. There were no changes to the minutes. All the members of the Advisory Board of Health were agreeable to accepting the minutes.

MOTION: Made (Gould) and seconded (Magill) to accept the minutes of July 14, 2016, as submitted. Approved 6-0.

Materials Referenced: Draft minutes of July 14, 2016, as submitted by C. O. Gaumont, Administrative Assistant to the Town Administrator and Board of Selectmen.

II. Reorganization

Chairman Barbaro asked for nominations for Chairman, Vice Chairman and Clerk.

MOTION: Made (Nelson) and seconded (Gould) to elect Frank Barbaro Chairman for the ensuing year. Approved 6-0.

MOTION: Made (Brand) and seconded (Nelson) to elect Dr. Magill Vice Chairman for the ensuing year. Approved 6-0.

Discussion ensued about the Advisory Board assuming the responsibility of organizing the Advisory Board of Health meetings; posting agendas and taking minutes, etc., and what the Chairman's and Clerk's responsibilities would be to assume those tasks.

MOTION: Made (Nelson) and seconded (Gould) to elect Terri Brand as Clerk for the ensuing year. Approved 6-0.

III. Revised Wilbraham Tobacco Regulations

a. Approval of the Revised Tobacco Regulations

Chairman Barbaro asked if the members read the tobacco regulations. All indicated that they had. Dr. Magill asked a question about the regulation documents. Ms. Gaumont clarified that the regulation documents are drafts that were fully vetted by the Advisory Board of Health in 2016. She reminded the Advisory Board that in 2016, the tobacco regulations were ready for the Advisory Board of Health's final approval to forward the documents to the Board of Selectmen for approval. However, at that time, the Advisory Board decided to hold off on forwarding the regulation to the Board of Selectmen due to the State's tobacco legislation's anticipated passage into law that year. However, at the end of the legislative session, the legislation had not been passed into law. For this reason, the Advisory Board of Health must reconsider making a final approval of the regulation and forward the regulation to the Board of Selectmen for a public hearing and consideration of approval. The group discussed the current status of the tobacco regulations and other tobacco prevention efforts in the State and other Massachusetts communities.

Chairman Barbaro inquired if the Town had teeth to enforce the tobacco regulations. Discussion ensued about enforcement efforts and tobacco stings. Inspector McCool stated that she does not participate or conduct tobacco stings at the local businesses. The State conducts investigations to ensure businesses are selling tobacco according to the law and state regulation.

Dr. Magill asked a question about the language in the regulation. It was mentioned that the regulation was originally a generic template, which mirrored tobacco regulation in other Massachusetts' communities. Dr. Magill expressed concerned about using the word "tobacco" versus "nicotine". The group discussed it further. Ms. Gaumont provided an overview of the Advisory Board of Health's work on this regulation back in 2016 and its current status. Chairman Barbaro asked if there should be a definition for nicotine. It was determined that it was not necessary due to the language in the regulation already.

Ms. Brand asked for clarification about the regulation's restriction of fifty feet from the public building. She asked if that included the athletic fields and Spec Pond. The group discussed whether or not the regulation's language included these public properties.

Dr. Magill asked about enforcement of the prohibiting smoking in the designated places. Sgt. Lennon stated that there would need to be an appointment made by the Selectmen to appoint an enforcement agent from the Police Department.

Chairman Barbaro asked Sgt. Lennon several questions about smoking violations being deemed non-criminal. Sgt. Lennon explained the violation process and how citations are issued. He noted that the Town Clerk would collect the citation fees for the Town. He also explained the legal process.

Chairman Barbaro asked if there were any other suggestions regarding the regulation. Ms. Jurgens asked a clarification question about enforcement process. Sgt. Lennon explained the court's legal process if a violator does not pay the citation fine. He informed that if a violator does not pay the fine then the matter is transferred from a non-criminal violation to a criminal violation. Ms. Jurgens asked about appointment of the enforcement officer. Inspector McCool responded.

Chairman Barbaro asked a question about the tobacco regulation's language on page 3 relative to appointing a designee as an enforcement agent. Inspector McCool explained that the Board of Selectmen appoints the enforcement agent. It was noted that there are no appointed designees at this time.

b. Issuance of a Recommendation to the Board of Health (aka Board of Selectmen)

MOTION: Made (Magill) and seconded (Gould) to approve the draft Regulation Prohibiting Smoking in Workplaces and Public Places, dated February 28, 2018, and the draft Regulation of the Wilbraham Board of Health Restricting the Sale of Tobacco Products; and forward said regulations to the Board of Health (aka Board of Selectmen) for approval and implementation of said regulations. Approved 6-0.

IV. Medical Drop Box/Sharp Disposal

Ms. Gaumond explained that in 2016, the former Public Health Nurse was in the process of filing a grant to obtain a sharp disposal box. However, since then the Public Health Nurse resigned; and it's not clear what the status was of the potential grant. The plan was that the drop box would be maintained at the police station. Yet, there is no sharp disposal box at the police station. It is not clear what happen to the grant that the Public Health Nurse was working on. Ms. Brand informed that she is researching this issue to see if Wilbraham can obtain a sharp disposal drop box. Chairman Barbaro asked about regulations pertaining to sharp disposal drop boxes; and who would be the authority of the drop box. Ms. Conselino stated that she would be responsible for oversight. Chairman Barbaro asked more questions about the state's regulations on this matter. Inspector McCool; Ms. Gaumond and Ms. Conselino explained that there are regulations specific to the sharp disposal drop boxes but specific, municipal regulations are left up to each individual municipality. Discussion ensued.

Ms. Nelson asked about the medication drop box at the police station. Sgt. Lennon responded.

Chairman Barbaro suggested coming up with a plan to obtain a sharp disposal drop box. Discussion ensued again. Ms. Brand suggested her and Ms. Conselino work together to collect information and get leads on the costs, etc., relative to obtaining a sharp disposal drop box. Inspector McCool offered to get more information from the Hampden-Wilbraham Partners for Youth Coalition. Chairman Barbaro suggested forming a subcommittee to research this matter. Chairman Barbaro asked how long before Ms. Brand and Ms. Conselino could get back to the Advisory Board about their research on this matter. Ms. Brand informed that they could get back to the Advisory Board in a couple of months.

Chairman Barbaro asked about the medication drop box at the police station. Sgt. Lennon informed that Sgt. Menard is the Police Officer responsible for oversight of the medication drop box. Currently, the Town is taking in approximately twenty pounds of medication a week. Dr. Gould asked about the disposal process. Sgt. Lennon informed that there is a company that picks up the medication in the drop box and disposes it by incineration. The group further discussed this topic. Ms. Gaumond suggested inviting Sgt. Menard to the next Advisory Board of Health meeting to speak about the medication drop box.

V. Future Agenda Items

Chairman Barbaro suggested adding the medication disposal drop box and formation of a subcommittee to research the prospect of obtaining a sharp disposal drop site for the Town. Dr. Gould suggested discussing opioid use as a topic.

Sgt. Lennon mentioned some of the Police Department's efforts relative to opioid use and prevention. The Police Department has a designated medical control doctor, Dr. Michael Tirabassi. The Department is also in the process of obtaining a license to administer Narcan; he further explained the process. Sgt. Lennon anticipates that the Police Department will have the license in a couple of months and Narcan will be in all the police cruisers in the event it's needed in emergency situations. To finalize these efforts, the Police Department will need to obtain the Board of Selectmen's final approval on the initiative. Ms. Brand commended the Police Department for starting the process in Town to address this issue. Chairman Barbaro asked a clarifying question. Sgt. Lennon stated that the Police Department does not have Narcan currently; however, the Fire Department does have this medication and is able to

administer it if necessary. Discussion ensued. Ms. Brand again commended the Police Department for seeking a license to administer Narcan because it will be most helpful in emergency situations, whereas police officers are typically the first to arrive on scene. Dr. Gould asked when the Police Department would be up and running this initiative. Sgt. Lennon stated that the Police Department is waiting on Baystate Medical Center's personnel to sign off on the paperwork for the license to administer Narcan. After all the signatures are obtained for the application, the Massachusetts Department of Public Health (DPH) will have to approve the Police Department's application and issue the license. DPH informed that their agency is trying to expedite the application process by processing the applications within a few days.

Sgt. Lennon described the Narcan procedure to administer Narcan. He also shared that there is a new type of Narcan can being distributed. Overall, the Narcan program costs are slightly under \$1,000 to get off the ground. Sgt. Lennon anticipates the program to be up and running by June or July at the latest. Dr. Gould asked why Bay State Medical Center is involved. Sgt. Lennon responded and explained the license application process again. He also informed the Advisory Board as to which surrounding communities' already have licenses to administer Narcan.

Chairman Barbaro asked Dr. Gould what he wanted to focus on at the next meeting relative to the opioid crisis. Dr. Gould was not sure what specifically to discuss; however, he noted that the Advisory Board of Health has not discussed this topic before. For this reason, he suggested discussing the topic. Ms. Brand said that the Hampden-Wilbraham Partners for Youth Coalition is working on this issue and shared what their efforts have been thus far. She also mentioned that the Hampden-Wilbraham Partners for Youth Coalition is always looking for more volunteers if anyone is interested or knows of anyone who may be interested in joining the Coalition.

Ms. Brand shared a flyer and information with the Advisory Board about an upcoming training, *Youth Mental Health First Aide Community Training*. She mentioned that there are already three hundred people trained in this area, including members of the Hampden-Wilbraham Medical Reserve Corp (HWMRC).

Ms. Brand shared that Ms. Nelson and her husband, Terry, are members of the HWMRC. It was mentioned that members of the HWMRC's leadership are requesting a Memorandum of Agreement with the Hampden-Wilbraham Regional School District (HWRSD) and the Towns of Wilbraham and Hampden to use Minnechaug Regional High School as a dispensing site. Dr. Gould asked what would be dispensed from the site. Inspector McCool and Ms. Nelson responded.

Chairman Barbaro summarized what the future meeting topics are per the Advisory Board of Health's discussion. The suggested topics are:

- Medication Drop Box;
- Sharp Disposal Drop Box (potential formation of a subcommittee); and
- Opioid Use

Dr. Gould asked about focusing the topic of opioid use on its impact on Wilbraham. Ms. Brand offered to bring survey data from the HWRSD's research in to this issue at the next meeting. A suggestion was made to outreach to Deputy Chief Peter Nothe to see if he could speak to the Advisory Board of Health regarding the opioid use issue in Wilbraham. The Advisory Board briefly discussed the under reporting of overdoses.

VI. Next Meeting Date

It was determined that the next Advisory Board of Health meeting would be Wednesday, June 6 at 5pm. The Advisory Board specified wanting to meet in the Community Room at the Police Station for the next meeting. Therefore, there was an agreement to make reservations to use the Community Room.

Having no further business, the Advisory Board of Health adjourned at 6:12pm.

MOTION: Made (Nelson) and seconded (Magill) to adjourn the Advisory Board of Health meeting. Approved 6-0.

Respectfully submitted,

Approved by the Board,

Candace Ouillette Gaumond
Administrative Assistant to the TA & BOS

(Print Name)
Chairman, Advisory Board of Health

Date: _____